



CREATIVE WRITING RETREAT

SUGGESTED SCHEDULE*

Rêve
RETREAT

Friday - Gentle Welcome

From 2pm: Arrivals, refreshments & orientation tour

4-5:00: Welcome circle and intention setting with Lucy

5-6:30: SUAW session - Prompted gentle optional 'shut up and write' session

7:00: Dinner

8:30: Fireside Cocktail/Mocktail storytelling session with Lucy

Saturday - Focus & Flow

8-9:00: Breakfast

9-11:30: Writing workshop - Nailing your human interest story pitches. Refine your creative writing by telling your own story for press, podcasts, book, career or personal essay project

11:30-1:00: Free time AND one-to-one sessions

1:00-2:00: LUNCH

2:00-3:30: Siesta / free time AND one-to-one sessions

3:30-5:30: Pinned posts - work on featured posts for your social media platform of choice, how to work with you, what you are selling next

7:00: Dinner

8:30: Fireside or terrace informal readings

Sunday - Creative Action

8-9:00: Breakfast

9-11:00: SUAW session (optional prompt)

11-4:00: Free time for pool, walk, massages, or yoga, trip to local lake. Packed lunches available for those going out (And one-to-one sessions)

4-6:00: Feedback circle - read your words

6-7:00: Free time

7:00: Dinner

8:30: Cinema

Monday - Wrap Up & Reflect

8-9:00: Breakfast

9-10:30: Final SUAW session with optional prompt

10:30-11:30: Retreat reflections and next steps

12:00: Departures

Optional extras are pre-bookable or drop-in:

Pool, Hot Tub, Nature Walks, Bike rides (self-led)

Massages (60€ per hour)

Short trip to Chalus Castle 1-2 hours

Half-day to Limoges 4-5 hours - optional if people want to add on for Monday

*Timings and details may change depending on the requirements of guests. Snacks and refreshments between meals provided.